Blue Cross Volunteers Support 90 Service Projects Across Massachusetts on 12th Annual Service Day

Since Service Day's inception in 2011, Blue Cross has contributed nearly \$11 million of value to local not-forprofits through this annual volunteer day

BOSTON, Sept. 29, 2022 /PRNewswire/ -- Today, nearly 3,000 Blue Cross Blue Shield of Massachusetts ("Blue Cross") employees are volunteering to support 90 service projects across Massachusetts focused on creating more equitable, just, and healthy communities as part of the company's 12th annual Service Day.

Blue Cross partnered with 76 not-for-profit organizations to design both inperson and virtual volunteer opportunities that align with the company's health equity work. 2,200 Blue Cross employees are volunteering at community partner sites across the state and 800 are volunteering virtually from home.

"We're proud to support not-for-profits around the state that are working to address health inequities in our communities," said Andrew Dreyfus, president and CEO of Blue Cross. "The idea for Service Day came from our employees. Over the past 12 years it has grown to become our largest company event and one of our most beloved traditions. It is incredible to see the collective impact that can be accomplished in one day to support the critical work of our community partners."



Volunteers participating in-person are supporting 80 projects in 50 cities and towns across Massachusetts focused on addressing the social and environmental conditions affecting the health of children and families. Service projects include creating new outdoor play spaces for children to stay active, harvesting fresh produce to donate to local food pantries, and cleaning beaches and clearing trails to improve access to green space.

Simultaneously, 800 employees are participating from home in 10 virtual projects. Together on Zoom, volunteers are completing projects such as writing letters to seniors isolated at home, packing themed Happy Hope Bags filled with creative activities for hospitalized children and creating lifesaving paracord bracelets for military and first responders.

The company is also partnering with Common Impact to engage 30 employees in virtual skills-based projects, addressing business challenges facing five community partners – About Fresh, East Boston Neighborhood Health Center, Eastie Farm, Parents for Peace, and Shine Initiative.

Projects are chosen based on their alignment with the company's focus on health justice. In addition to sending a group of enthusiastic volunteers to complete the task, Blue Cross also provides a grant to cover the project costs. Since Service Day's inception in 2011, the total value of the company's financial and volunteer support to local not-for-profits is nearly \$11 million.

For more information on Blue Cross' annual Service Day and the company's commitment to health justice, visit its Corporate Citizenship <u>website</u> or read its latest <u>Corporate Citizenship Report</u>.

Service Day community partners and projects:

| Organization | City | Project Description |
|-----------------|------------|---|
| | Virtual | 5 volunteers are advising About Fresh around data security best practices and staff training recommendations to ensure that their Fresh Connect |
| About Fresh | project | program is HIPAA-compliant and safe from phishing threats. |
| Annie's | | |
| Kindness | | 100 volunteers are creating blankets to donate to community members |
| Blankets | Hingham | experiencing substance abuse or mourning the loss of a loved one. |
| | | 20 volunteers are helping make the performing arts accessible to Applause |
| Applause | | Academy's diverse community of children by organizing and repairing props, |
| Academy MA | Taunton | sets, and costumes and painting and decorating the dance studio. |
| | | 25 volunteers are weeding, mulching, and clearing pathways in an urban |
| Backyard | | garden to help provide healthy, fresh food to low- to moderate-income |
| Growers | Gloucester | residents of Gloucester, including many immigrant and refugee families. |
| | | 20 volunteers are bringing the joy and magic of a birthday party to the |
| | | homeless children and families that Birthday Wishes serves, by wrapping |
| Birthday Wishes | Natick | birthday gifts and filling Birthdays-in-a-Box. |
| | | |

| Boston Harbor Now | Hingham | 50 volunteers are ferrying to Peddocks Island to help ensure this beautiful environment remains a vibrant, public space - now and for future generation - by cleaning beaches, tracking collected trash, and clearing trails. 25 volunteers are hosting an Adaptive Sports and Recreation Day for Boston Home residents and outpatients that will provide them the special opportunity to bowl, play bocce, and participate in target games using |
|----------------------------------|------------------|--|
| Boston Home | Dorchester | assistive technology and adaptive devices. |
| Boston Nature Center | Mattapan | 25 volunteers are building nature play areas that provide children with more ways to connect with nature by encouraging self-directed, informal play. |
| Boston SCORES | East Boston | 12 volunteers are planting shrubbery & bushes around the outside perimete of the Boys & Girls Club, creating a welcoming space for the 2,500+ youth served every year. 10 volunteers are creating activity kits that will ensure club members will |
| Boys and Girls Club of Lowell | Lowell | have access to their favorite programming while the Club is undergoing construction. |
| Boys and Girls | 2011011 | 25 volunteers are providing a safe and welcoming space for Club members by helping clean the kitchen, prep a healthy meal, landscape the front entry |
| Clubs of Boston | Roxbury | and clean up the playground and baseball field. |
| Broadmeadow | , | |
| Brook | Worcester | 10 volunteers are building a fence to define the property line. |
| Cardinal | | 20 volunteers are helping bring the gift of fresh air and outdoor activity to |
| Cushing | | Cardinal Cushing residents by helping clear walking trails around their |
| Academy | Hanover | campus. 20 volunteers are packing care packages for deployed military containing |
| _ | South | high-calorie food products, socks and t-shirts, personal care items, books, |
| Carepacks | Weymouth | magazines, and more. |
| Catholic | | 20 volunteers are painting, landscaping and winterizing Sunset Point Camp |
| Catholic Charities | Hull | ensuring at-risk children can enjoy a fun summer of exploration and friendships for years to come. |
| Community | Hull | 15 volunteers are weeding, transplanting, harvesting or other farm field tas |
| Farms Outreach | Waltham | that will help the farm deliver fresh produce to neighbors in need. |
| Community | North | 25 volunteers are participating in farm work that will allow CHP to donate |
| Harvest Project | Grafton | food to over 20 hunger relief agencies in Central and Eastern MA. 50 volunteers are preparing, and packaging scratch made, medically tailore |
| Community Servings | Jamaica Plain | meals for Community Servings' 2,200+ weekly clients who are experiencing critical illness. |
| Cradles to | Hingham | 150 volunteers are helping sort, package and label gently used clothing and |
| Crayons | and Newton | books to distribute to children in need across Massachusetts. 50 volunteers are helping close the campgrounds for the season and |
| Crossroads | Duxbury | prepping the site for fall and winter events. |
| Dimock Health | 2 0.700 0.1 9 | 20 volunteers are revamping the backyard of a residential house for women |
| Center | Roxbury | in recovery and their children to enjoy. 25 volunteers are helping close the facilities for the season to ensure that |
| Dream Day on | Dwawataw | seriously ill children and their families will have a safe a welcoming |
| Cape Cod East Boston | Brewster | environment next summer.5 volunteers are creating a roadmap for East Boston Neighborhood Health |
| Neighborhood | Virtual | Center to improve staff and provider knowledge of and engagement with |
| Health Center | project | community-based healing practices. |
| Conten | p. ojece | 5 volunteers are developing a budget framework and recommendations for |
| | Virtual | implementation for Eastie Farm that helps them to track their revenue, |
| Eastie Farm | project | expenses, grants, and salary costs more efficiently. |
| Esplanade | | 25 volunteers are beautifying the Esplanade by picking up trash and litter |
| Association | Boston | from the fields, gardens, and water edges of the park. 20 volunteers are packing "Bags for Dads" duffels filled with supplies and |
| Father's Uplift | Dorchester | resources to help dads experiencing re-entry from incarceration ease their transition and remind them that they have a support system that cares. 15 volunteers are packing "Just Eats" grocery boxes that provide over 3,000 |
| | | Boston area families in need approximately twenty-five pounds of produce |
| Food for Free | Somerville | and pantry staples. |
| Friends of Holly Hill Farm | Cohasset | 20 volunteers are harvesting produce to distribute to local food pantries, preparing garden beds for fall plantings and helping to compost at the farm |
| Good Sports | Braintree | 15 volunteers are sorting brand-new sporting equipment, apparel, and footwear at Good Sports warehouse to distribute to communities in need. 20 volunteers are improving the community garden by taking down beds, |

| GreenRoots | Shelsea t | piling and dispersing wood chips, and shoveling compost. |
|---------------------------|------------------|---|
| | and virtual | 250 volunteers are creating Happy Hope Kits with coloring sheets and fu |
| Happy Hope | projects | activities that will bring a smile and a bit of fun to hospitalized children. |
| Holbrook Food | Holbrook | 12 volunteers are painting the interior of the Holbrook Food Pantry, so cl |
| Pantry | אטטזעוטרו | are welcomed into an inviting and dignified space. 20 volunteers are restoring a peace pond and garden that provide a quie |
| Home For Little | | place to sit and relax in nature for adolescent youth involved with the |
| Wanderers | Plymouth | Department of Children and Families. |
| Hope Floats | , | 30 volunteers are helping set up and prepare for Hope Floats' annual Me |
| Healing and | | Walk that will provide a space for grieving families to come together and |
| Wellness Center | Kingston | honor the lives of those lost. |
| Hull Lifesaving | | 50 volunteers are painting the fleet of boats and cleaning the museum s |
| Museum | Hull | and repairing the museum's wheelchair accessible ramp. |
| Jewish Family Services | | 20 volunteers are support Framingham's immigrant community by helpir |
| MetroWest | Framingham | JFS staff sort, package and load seasonal children's clothing that will be distributed to families in need. |
| Metrowest | Frammynam | 20 volunteers are repairing the home of a veteran by performing basic h |
| JoinedForces | Chicopee | repairs and enhancements. |
| Kind Hearts for | 2 22 12 30 | 15 volunteers are assembling kindness kits and decorating the office spa |
| Kids | Bourne | where foster children come for visits. |
| Letters Against | Virtual | 300 volunteers are writing handwritten notes to isolated seniors that will |
| Isolation | projects | provide joy and encouragement. |
| MA Coalition for | | 20 volunteers are building beds for homeless children that will provide a |
| the Homeless | Lynn | refuse and sense of security. |
| | | 50 volunteers are creating a magical space for children with cancer to es and be a kid by helping revamp the Garden of Hope, Fairy Nook, and Hol |
| Magical Moon | Marshfield | House. |
| Mass Military & | Maisilleiu | TIOUSE. |
| Cape Cod | | |
| Military Support | | 75 volunteers are wrapping donated gifts for that families of veterans an |
| Foundation | Hyannis | active military during the holidays. |
| Merrimack | - | |
| Valley Food | | 20 volunteers are packing bags of nutritious food that will be distributed |
| Bank | Lowell | students who rely on school meals for food through the weekend. |
| Mystic River | Cycrott | 25 volunteers are removing litter from parks and paths that will reduce t |
| Watershed Neighborhood | Everett | amount of trash that ends up in the Mystic River and protect local wildlife |
| of Affordable | | 25 volunteers are assembling emergency survival kits and replacing thre |
| Housing (NOAH) | East Boston | garden beds. |
| Old Colony | | |
| YMCA East | East | 15 volunteers are creating a "sensory house" with a variety of sensory |
| Bridgewater | Bridgewater | |
| Old Colony | | 25 volunteers are installing a water wall, an outdoor abacus, and a site w |
| YMCA | NA: al all a la | wall to ensure campers do not fall victim to the "summer slide" by provid |
| Middleboro | Middleboro | fun, active learning opportunities in the Y's new "Poolside Classroom." |
| Old Colony | | 50 volunteers are installing a water bottle filling station and planting a ragarden to prevent erosion near their beach to make Camp Clark more |
| YMCA Plymouth | Plymouth | sustainable. |
| Old Colony | rymouth | - Sustantable. |
| YMCA | | 25 volunteers are creating a sensory playground for campers at Camp |
| Stoughton | Stoughton | Christina to encourage open-ended play and stimulate creative thinking. |
| | J | 200 volunteers are making paracord survival bracelets and writing letters |
| Operation | Virtual | provide military members and first responders with a tangible, lasting |
| Gratitude | projects | expression of gratitude. |
| | | 5 volunteers are assessing Parents For Peace marketing and communication |
| Davanta Fa | \/intal | assets and developing messaging recommendations for educating and |
| Parents For Peace | Virtual | informing mental health providers on the services the organization offers |
| reace | project | address radicalization and support families. 20 volunteers are improving the facilities at Peter Igo Park spreading new |
| | | sand on the volleyball court, spreading woodchips, installing a slide in the |
| | | kiddie area, planting flowers, and power washing the tennis and basketb |
| Peter Igo Park | Marshfield | courts. |
| | | |
| <u> </u> | | 25 volunteers are beautifying the playground at Gomes Elementary Scho |

| | Now | largete a cofe and including record and the reference and the re- |
|-----------------------|-------------------|---|
| Playworks | New | create a safe and inclusive recess space, transform recess culture, and |
| Project Just | Bedford | pomotinatedise itestiting fand balanting donating clothes and essential items |
| Because | Hopkinton | to prepare Project Just Because's move to a new facility. |
| Regional | Поркитеон | 10 volunteers are building a fence that will protect the garden from animals |
| Environmental | | and help increase their harvest to continue to provide healthier, affordable, |
| Council | Worcester | locally grown food for the Worcester community. |
| Council | Worcester | 14 volunteers are sorting and packing bundles of baby and toddler items for |
| Room to Grow | Hyde Park | the families in need with children ages 0-3. |
| Save the Harbor | Tryde Fark | 40 volunteers are cleaning up Malibu Beach in Savin Hill following the busy |
| Save the Bay | Dorchester | season and getting it ready for the winter. |
| Sharing the | Dorchester | season and getting it ready for the winter. |
| Harvest / YMCA | | 25 volunteers are replacing the greenhouse coverings and planting |
| Southcoast | | strawberries and raspberries to provide these popular fruits to individuals |
| | Dartmouth | |
| (Dartmouth) AM | Dartmouth | and families experiencing food insecurity. |
| South Shore | \\/tl | 20 volunteers are cleaning up the camp after a busy summer and readying it |
| Stars | Westwood | for winter. |
| South Shore | | 20 volunteers are harvesting and gathering food at the YMCA's farm to |
| YMCA | Hanover | donate to local food pantries. |
| St. Mary's | | |
| Center for | | |
| Women and | | 20 volunteers are beautifying the residential spaces to ensure St. Mary's |
| Children | Dorchester | Center residents feel supported, empowered, and inspired. |
| | | 25 volunteers are making locally grown, healthy food more accessible to low- |
| The Food | | income families and people of color in Greater Boston by weeding, mulching, |
| Project | Lincoln | harvesting, and washing vegetables. |
| | | 12 volunteers are packing dry goods, frozen goods, and fresh produce to |
| The Salem | | ensure the food pantry is equipped to provide meals for its 100-150 home |
| Pantry | Salem | delivery clients. |
| The Shine | Virtual | 5 volunteers are developing a newsletter template for the Shine Initiative |
| Initiative | project | that includes structure and content recommendations. |
| | | 25 volunteers are preparing for the Trustees' annual Fall Festival, a family |
| | | event that invites hundreds of people to the farm to play games, visit with |
| | | barn animals, and enjoy the farm. Volunteers will be helping with festival set |
| The Trustees | Hingham | up. |
| | Hingham | 250 volunteers are providing comfort, support, and happiness for kids in |
| Together We | and virtual | foster care by creating birthday kits, assembling STEM boxes, and building |
| Rise | projects | skateboards. |
| Urban | | 15 volunteers are painting the new facility to ensure athletes and members |
| Powerhouse | Hyde Park | can feel great about their community and training space. |
| VA Boston | | |
| Healthcare | | |
| System | | 30 volunteers are planting vegetables in the indoor greenhouse used at the |
| (Brockton VA) | Brockton | hospital's farm to table meal program. |
| | | 20 volunteers are creating booths for its annual Fitness Carnival focusing on |
| West End House | Allston | teaching youth healthy eating habits. |
| - | | 20 volunteers are helping run a pop-up food pantry at Crossroads Worship |
| Weymouth Food | | Center that will distribute shelf stable foods and fresh fruits and vegetables |
| Pantry | Weymouth | to neighbors on the South Shore. |
| - | - | 25 volunteers are renovating family visiting rooms at the Southcentral DCF |
| | | office using a trauma informed approach so children and families can have |
| Wonderfund | Whitinsville | calming and productive visits. |
| | | 20 volunteers are packaging shelf-stable meal bags, creating culturally |
| | | relevant menu cards, and cleaning up the kitchen facility and community |
| YMCA Cape Cod | Sandwich | garden. |
| YMCA Greater | _ | 40 volunteers are repairing benches and picnic tables, painting indoor |
| | Canton | spaces, and cleaning up and organizing summer games at Camp Ponkapoag. |
| Boston | | |
| Boston | | 25 Volunteers are cleaning up the camparolings and trails, painting |
| | | 25 volunteers are cleaning up the campgrounds and trails, painting foursquare and hopscotch on the blacktop, painting, and assisting with light |
| YMCA | Wareham | foursquare and hopscotch on the blacktop, painting, and assisting with light |
| | Wareham | foursquare and hopscotch on the blacktop, painting, and assisting with light office projects. |
| YMCA | Wareham Boston | foursquare and hopscotch on the blacktop, painting, and assisting with light |

About Blue Cross Blue Shield of Massachusetts:

Blue Cross Blue Shield of Massachusetts (<u>bluecrossma.org</u>) is a community-focused, tax-paying, not-for-profit health plan headquartered in Boston. We are committed to the relentless pursuit of quality, affordable and equitable health care with an unparalleled consumer experience. Consistent with our promise to always put our members first, we are rated among the nation's best health plans for member satisfaction and quality. Connect with us on <u>Facebook</u>, <u>Twitter</u>, <u>YouTube</u>, and <u>LinkedIn</u>.

SOURCE Blue Cross Blue Shield of Massachusetts

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